## **Kentucky Lung Cancer Screening Program**

Ellen Cartmell, MPA
Health Promotions Section Supervisor

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## Lung Cancer in the U.S.



## **Mortality**

Lung cancer is the leading cause of cancer deaths in the U.S.





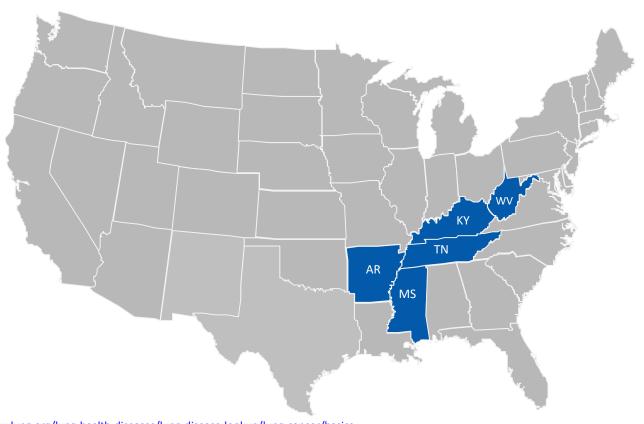
### **Diagnosis**

Lung cancer can go undiagnosed for a long time.



### Kentucky

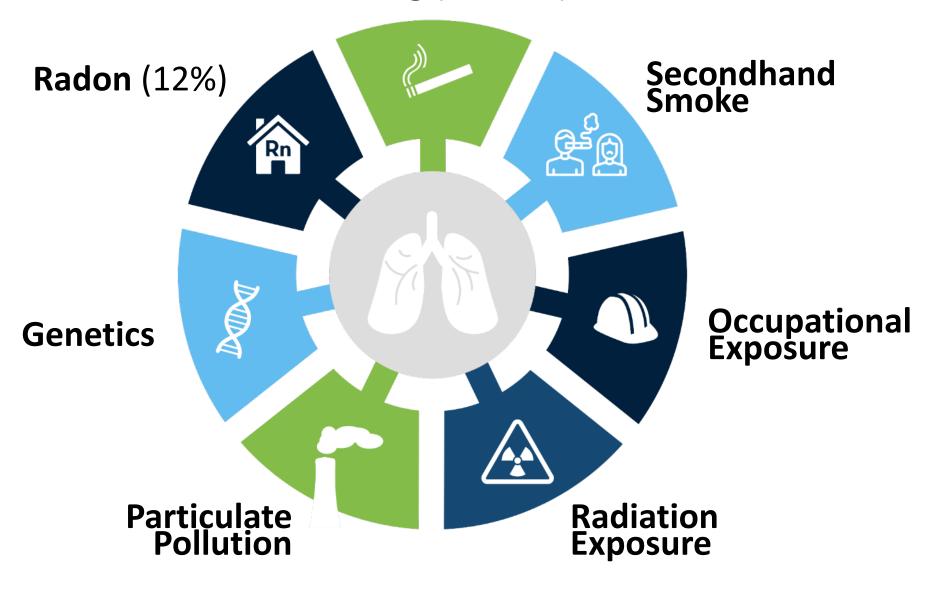
Lung cancer is the 3rd most common cancer in Kentucky.



American Lung Association. Lung Cancer Basics <a href="https://www.lung.org/lung-health-diseases/lung-disease-lookup/lung-cancer/basics">https://www.lung.org/lung-health-diseases/lung-disease-lookup/lung-cancer/basics</a>

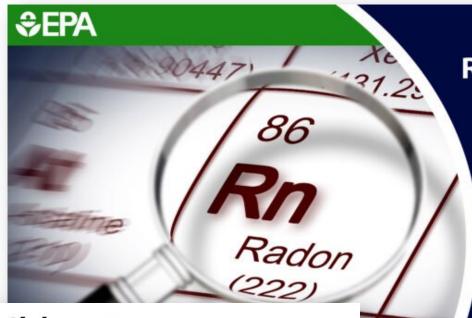
## **Smoking** (80-90%)

**Lung Cancer Risk Factors** 



## Radon

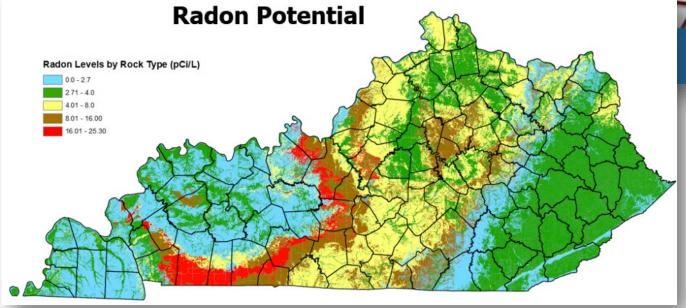
Radon is naturally occurring gas that has no color, smell or taste.



Radon is the number one cause of lung cancer among non-smokers.

Smokers are at even greater risk of radon-induced lung cancer.

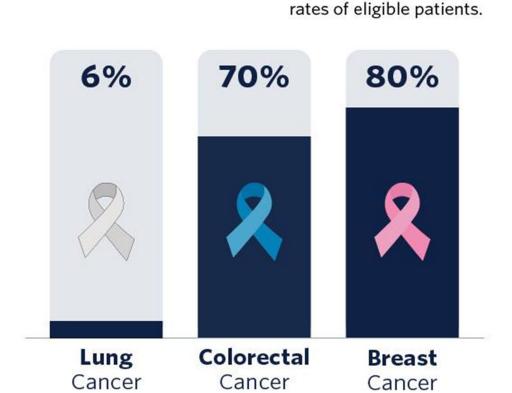
▶ epa.gov/radon



Map: <u>University of Kentucky</u>; Image: <u>EPA</u>

## **Eligible Population Screened/Year**

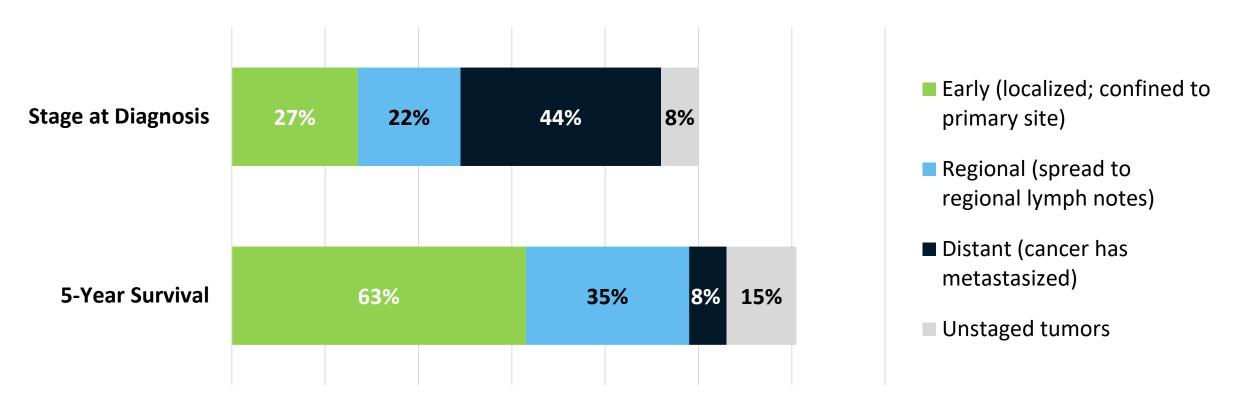
Lung cancer screening saves lives, but more people need to get screened.



Approximate national screening

Source: National Lung Cancer Screening Day Roundtable.

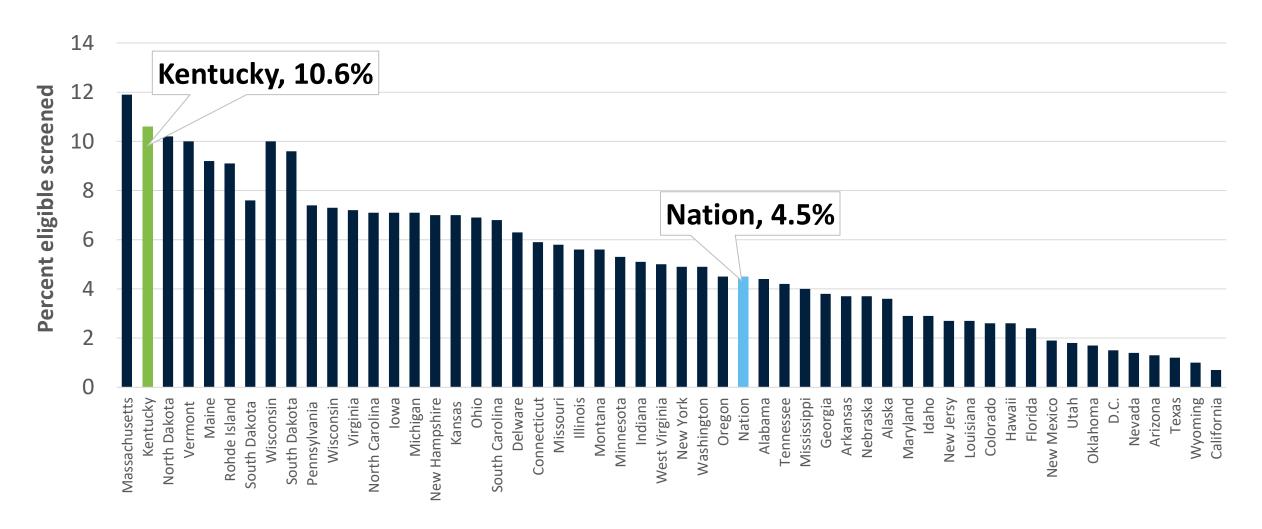
## Stage at Diagnosis & 5-Year Survival Rate (U.S., 2024)



# Over the last five years, the early diagnosis rate in Kentucky has improved by 14%!

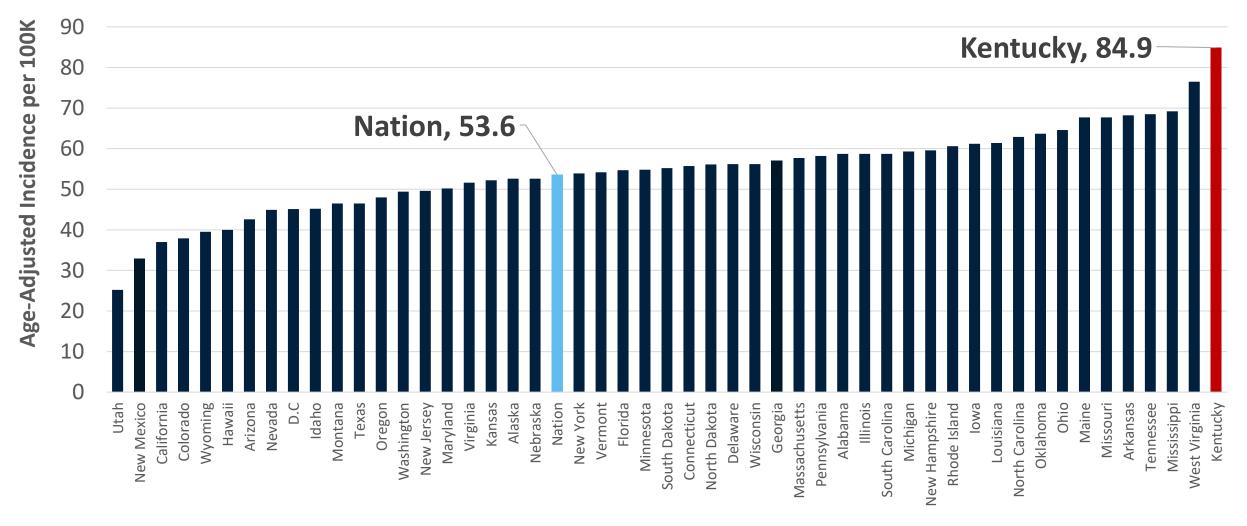
Source: American Lung Association

## State Ranking by High-Risk Screening Rate (2023)



Source: American Lung Association

## State Rankings by Rate of New Cases (2024)



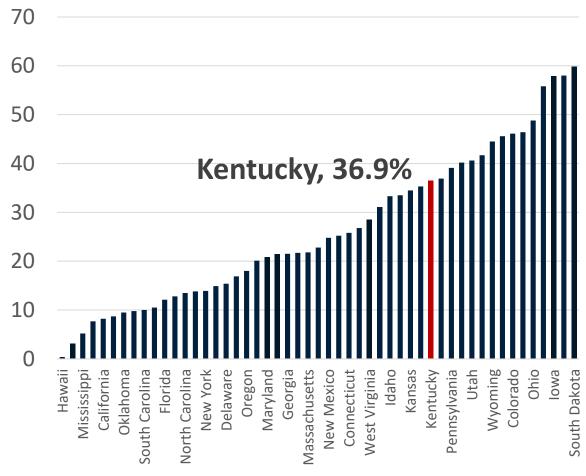
Source: <u>American Lung Association</u>

## 2024 State Rankings By...

### **Percent Adults Who Smoke**

### 25 20 **Kentucky, 17.4%** 15 10 California Virginia Alaska Hawaii Texas Oregon Arizona Kansas Alabama lowa Ohio Massachusetts Delaware Nebraska South Dakota Pennsylvania Michigan Louisiana Kentucky D.C. New Hampshire **New York** New Mexico South Carolina

### **Percent Radon Tests ≥ EPA Action**



Source: American Lung Association

# State of Lung Cancer in Kentucky (2023)



# **Screening**Ranks 2 out of 51



### **Medicaid**

Fee-for-Service Coverage



# **Early Diagnosis**Ranks 38 out of 47



## **Survival**

Ranks 39 out of 42



Adult Smoking Ranks 48 out of 51



### **New Cases**

Ranks 48 out of 48

Source: American Lung Association. State of Lung Cancer (2023).

# **Lung Cancer Screening Eligibility**



## **Pack Years**

Pack years are calculated as the number of packs of cigarettes smoked per day multiplied by the number of years the person smoked.

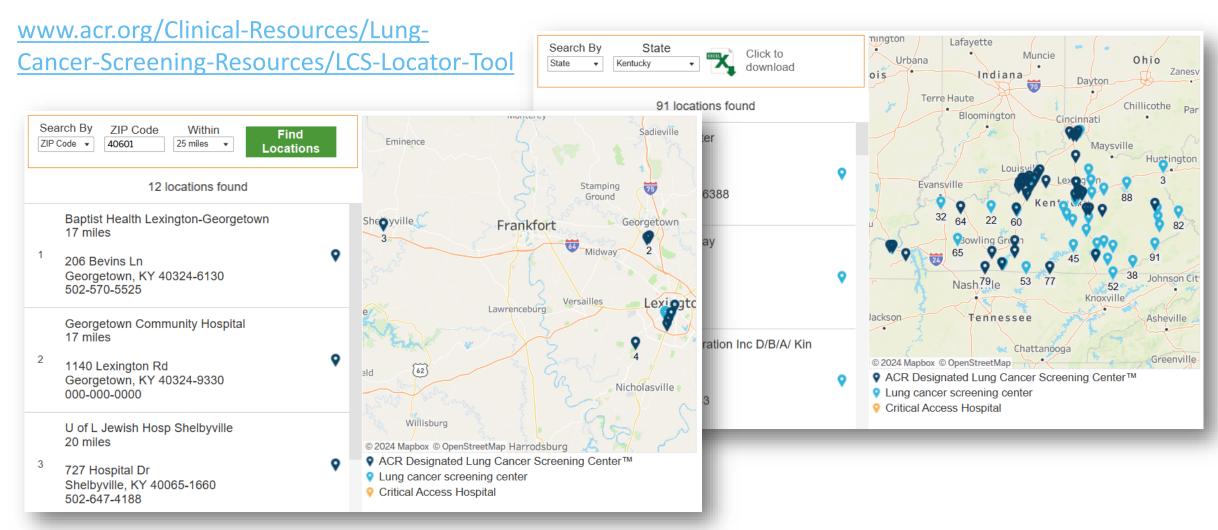


# Low-Dose CT Scans

- Quick
- Painless
- No prep needed
- 1/5 the radiation of a regular CT scan



## **Lung Cancer Screening Locator Tool**



Screenshots: American College of Radiology

# **Benefits & Risks of Screening**

### **Benefits**

Screening finds over half of lung cancer at an early stage when it is more curable, compared to only about 25% without screening.

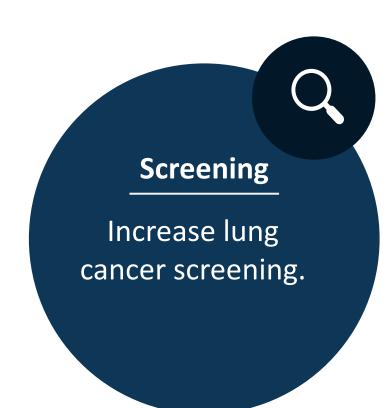


## Risks

There is a low radiation exposure risk. The amount is about the same as what an average American gets in six months of natural background radiation.

Image: CDC

## **Lung Cancer Screening Program Objectives**





## **Mortality**

Reduce morbidity and mortality from lung cancer.



Reduce healthcare costs associated with the treatment of lung cancer.

# **Lung Cancer Screening Program Progress**



- HB 219: Program
   Established
- Goal Setting
- AdvisoryCommittee



2023 Planning

- HB 180: Biomarker-Testing Legislation
- Program Admin.
- Partnerships



2024 Implementation

- Launch Projects
- Enhance Program
   Visibility & Impact
- PerformanceMonitoring

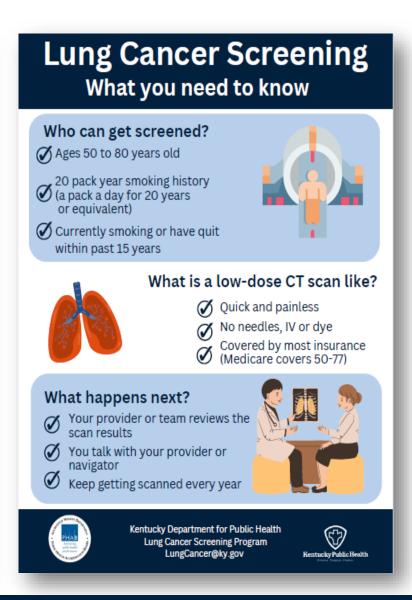


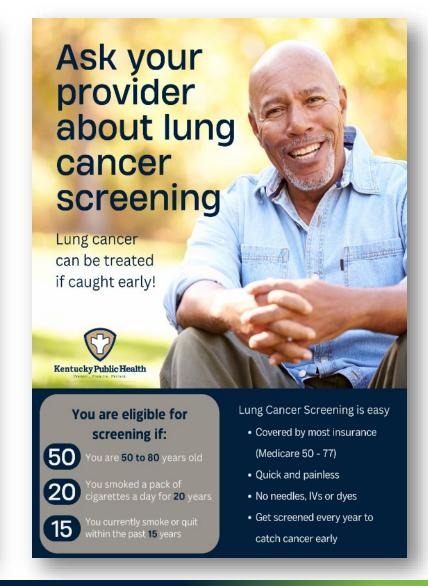
2025 Evaluation

- Feedback & Evaluation
- New Partnerships
- New GrantsEndeavors

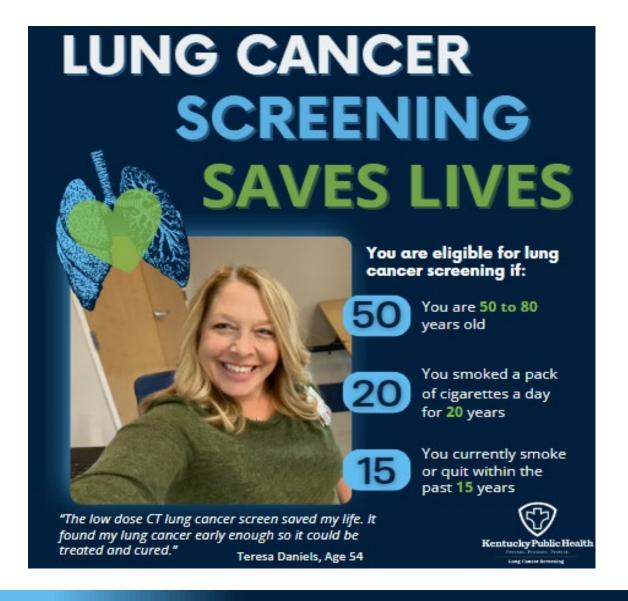
## **Lung Cancer Screening Program Activities**







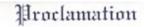
## **Lung Cancer Screening Program Activities**





## **Lung Cancer Screening State Actions**





Andy Beshear Gobernor

of the

### Commonwealth of Kentucky



#### To All To Whom These Presents Shall Come:

HEREAS, Lung cancer is the leading cause of cancer-related deaths worldwide and in the Commonwealth of Kentucky, accounting for the highest mortality rates among both men

WHEREAS, Kantucky has the highest rate of lung cancer in the nation, at 88 per 100,000 people, with 4,574 Kentuckians who were diagnosed and 2,926 Kentuckians who died from this disease in 2020, including 1,573 men and 1,353 women; and

(EREAS, Only 20% of Kentuckians diagnosed with lung cancer are alive five years later, largely because their cancer is diagnosed at a later stage when it has advanced; and

WHEREAS, For individuals at high risk of lung cancer, annual screening by low-dose computed tomography (LDCT) is a proven effective, evidence-based, and clinically recommended method to detect this disease at its earliest, most treatable stage, reducing lung cancer mortality by more than 20%; and

WHEREAS, In Kentucky, 13% of those at high risk of lung cancer and eligible for LDCT lung cancer screening are being screened each year, placing Kentucky 4° in the nation; and

Lung Cancer Screening Day asks healthcare facilities providing LDCT lung cancer screening to open their doors on the seacond Saturday in November for a day of public awareness and increased access for individuals at high risk of lung cancer access the Commonwealth;

NOW, THEREFORE, I, ANDY BESHEAR, Governor of the Commonwealth of Kentucky, do hereby proclaim November 2023, as

#### LUNG CANCER AWARENESS MONTH

in Kentucky and observe November 11, 2023, as LUNG CANCER SCREENING DAY.



DONE AT THE CAPITOL, in the City of Frankfort the 9th day of November, in the year of Our Lord Two Thousand Twenty-Three and in the 232th year of the Commonwealth.

ANDY BESHEAR GOVERNOR

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Secretary of State

## **2024-2025 Projects**

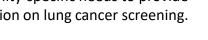


### **KY Cancer Link**

Increase screening for eligible Kentucky residents who are not covered per current CMS guidelines and are at or below 300% federal poverty guidelines.



Serve community-specific needs to provide information on lung cancer screening.





### **KY Cancer Program – East**



knowledge of screening guidelines.



Social marketing strategy understanding differentiated audience segments.





### **EKU – Evaluation Plan**

Evaluate efforts and make recommendations.



**QUILS** 

(Quality Implementation of Lung Cancer Screening) Monitor, inform and promote best practices in lung cancer screening.







### **KY Cancer Consortium**

Educate health care professionals, payers, and systems to promote best practice lung cancer screening.

## Thank you!

Ellen H. Cartmell, MPA
Health Promotions Section Supervisor
EllenH.Cartmell@ky.gov

Nirvana Nawar, MPH Lung Cancer Screening Program Adm.

Nirvana.Nawar@ky.gov





