



Kentucky Department for Public Health

Our free, nationally accredited and recognized diabetes education* workshops are now available on line. You can join us from your own home using a phone, tablet or computer. Get the latest information on taking care of your diabetes. Develop a healthy eating and activity plan that works for you. Also, get tips on taking medication and reducing your risks for short and long-term complications.

**To register, contact our
Diabetes Education Coordinators
Kelly Dawes, RN, CDCES, MLDE**

(270) 522-8121 Ext: 212 or

Nancy Hiner, RD, CDCES

diabetes@lfchd.org or 859-288-2344



Kentucky Public Health
Prevent. Promote. Protect.



*The American Diabetes Association Recognizes this education service as meeting the National Standards for Diabetes Self-Management Education and Support.

DEAP
DIABETES EDUCATION
ACCREDITATION PROGRAM
AADe American Association
of Diabetes Educators

