

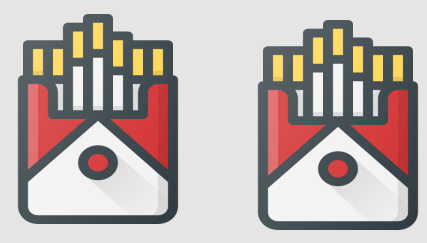
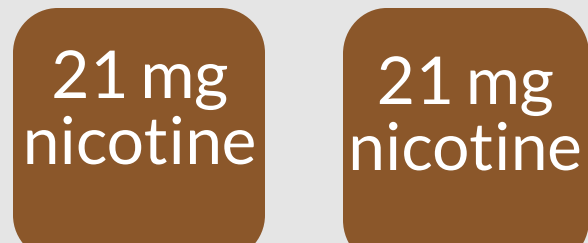
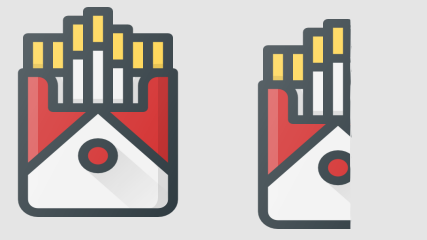






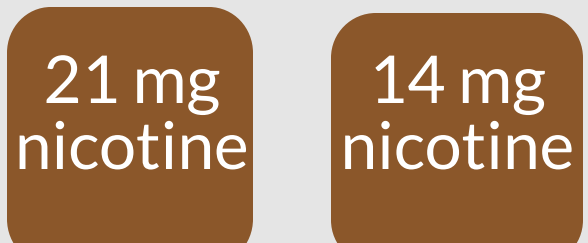
Pharmacotherapy Choices

Quick Reference for Tailoring Smoking Cessation

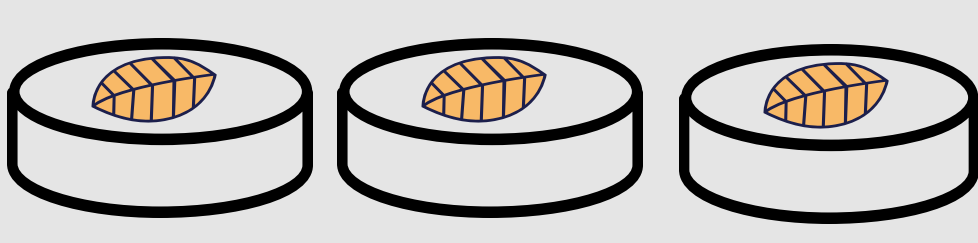
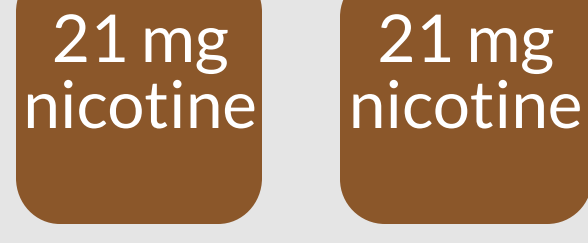
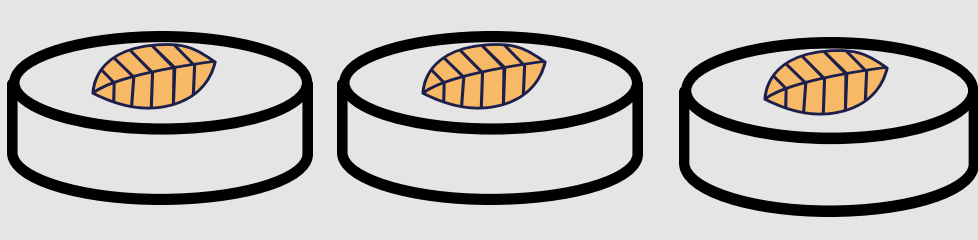

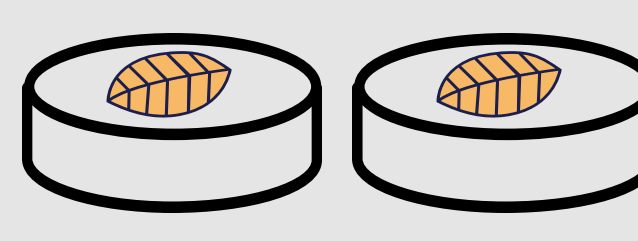

An evidence-based practice tool to help clinicians manage nicotine withdrawal

Nicotine Replacement Equivalencies

Cigarettes

	→	
2 packs/day		two 21mg patches
	→	
1.5 packs/day		one 21mg patch
	→	
1 pack/day		one 14mg patch
	→	
0.5 pack/day		2mg gum OR 2mg lozenge PRN
	→	
>5 cigarettes/day		21mg + 14mg patches

Snuff






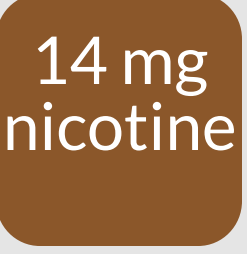
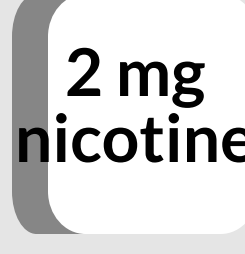

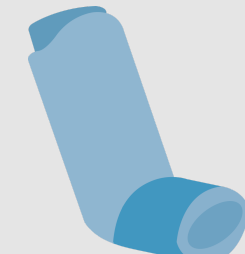
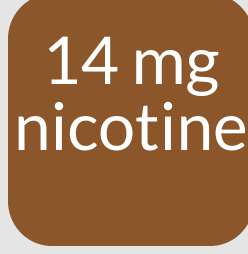

	→	
3 cans/week		two 21mg patches
	→	
2-3 cans/week		one 21mg patch
	→	
<2 cans/week		one 14mg patch

Cigars

	→	
1-2 cigars/day		one 21mg patch

Using smoking cessation pharmacotherapy can improve comfort and reduce withdrawal.

Combination Therapy

	Buprion SR & Varenicline		
			
Buprion SR & Patch (14mg)		Buprion SR & Gum (14mg)	
			
Patch (14mg) & gum (2mg)		Patch (14mg) & Inhaler	
		Patch (14mg) & Lozenge (2mg)	

Clinician Response

Advise all smokers to quit:



"As your healthcare provider, the best advice I can give to you is to quit smoking."

"Giving up smoking is hard; however it will help with (healing, finances, medication, etc.)."

"In hospital, we have nicotine replacement therapy (e.g. patches/gum) that you can try whether you are currently having cravings or not."

Smoking Cessation Pharmacotherapy should be offered to all tobacco users during an inpatient hospital stay.

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