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| **Referrals to Health and Social Services**  To improve the overall health and well-being of students through activities that support the Whole School, Whole Community and Whole Child (WSCC) model\*, therefore increasing students’ ability to succeed in school.  This WSCC model supports the whole child through ten components:   * Health Education * Physical Education and Physical Activity * Nutrition Environment and Services * Health Services * Counseling, Psychological and Social Services * Social and Emotional climate * Physical Environment * Employee Wellness * Family Engagement * Community Involvement \* [https://www.cdc.gov/healthyschools/wscc/index.htm](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.cdc.gov_healthyschools_wscc_index.htm&d=DwMFAg&c=jvUANN7rYqzaQJvTqI-69lgi41yDEZ3CXTgIEaHlx7c&r=2jicASGc3O1ECxzjl9enBDuGI9KcPgpnTxDQzc_Km-Y&m=HkAfjxydfPehctAfTnlvMeI6gASQsp9_gkkClBmWg4E&s=UIAELCA9QAxWR0bUgndfsyk2hRSSKQD69Z6a0opLEgI&e=)   **Required element(s) for this component:** Health prevention activities and services to help remove physical/emotional health barriers to learning. | |
| **Suggested practices:** | * Participate in a school-wide health committee * Collaborate to provide physical activity opportunities for families, students and school community * Identify resources and refer for medical, dental and vision services * Collaborate to provide nutritional information for families and the school community * Identify resources and refer for mental health counseling and psychological services * Collaborate to provide social services * Collaborate to provide preventive health education (i.e. substance abuse, hygiene,   cardiovascular health, etc. |
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| **Career Exploration and Development**  **Goal of Component**  To promote college and/or career readiness for all students by preparing them for future employment and successful transition into adult life through collaboration with school and community resources  **Required Element(s) of this component:** Help students learn about possible future careers and college opportunities. | |
| **Suggested practices:** | * Provide or collaborate to provide activities to prepare students for future employment * Provide or collaborate to provide activities for career exploration opportunities * Provide opportunities that encourage students to obtain Post-secondary education, whether it is a university, vocational/technical college or skill training * Provide support to encourage students to graduate on time |
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| **Summer and part-time job development for high school students**  **Goal of Component**  To introduce students to the world of work through education, job-related skills, and work experience by collaborating with community resources. Twenty-first century skills such as critical-thinking, problem-solving, goal-setting, leadership and decision-making will be emphasized.  **Required Element(s) of this component:**   * Services/activities that help students access employment opportunities after-school and/or summer * Activities that assist students in getting ‘job-ready’ | |
| **Suggested practices:** | * Provide employment opportunities for students * Introduce youth to real work environments * Collaborate to provide or provide activities that enhance employability skills and real world experiences |
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| **Substance Abuse Education and Counseling**  **Goal of Component**  To assist in the prevention of the use of alcohol, tobacco and other drugs (ATOD) and improve decision-making skills by education students and families; and the reduction of ATOD use through coordination of counseling services and education.  **Required Element(s) of this component:**   * Alcohol, tobacco and drug prevention activities * Services/activities that help give students and families access to alcohol, tobacco and other drug treatment | |
| **Suggested practices:** | * Identify resources and make referrals for counseling services * Provide or collaborate to provide activities to increase student awareness of the effects of substance abuse * Provide or identify resources for education and treatment of substance abuse * Provide or collaborate to provide activities that empower youth to make healthy choices and decisions |
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| **Family Crisis and Mental Health Counseling**  **Goal of Component**  To increase self-management and coping strategies by assisting students and families with mental health needs and/or other crises through the identification and coordination of services (i.e. for grief, illness, bullying, incarceration, dating/domestic violence, loss of income child abuse, etc.).  **Required Element(s) of this component:**   * Activities that help families access basic needs or other assistance when they have physical, emotional or financial crises * Provide prevention activities to and assist students and families with social/emotional, behavioral and/or mental health concerns. | |
| **Suggested practices:** | * Collaborate or refer to provide opportunities that assist students in building self-esteem, healthy relationships and individual coping skills * Identify resources or refer for mental health services for students and families * Provide, collaborate to provide or refer to meet immediate needs of families in crisis situations |
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