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| **Referrals to Health and Social Services**To improve the overall health and well-being of students through activities that support the Whole School, Whole Community and Whole Child (WSCC) model\*, therefore increasing students’ ability to succeed in school. This WSCC model supports the whole child through ten components: * Health Education
* Physical Education and Physical Activity
* Nutrition Environment and Services
* Health Services
* Counseling, Psychological and Social Services
* Social and Emotional climate
* Physical Environment
* Employee Wellness
* Family Engagement
* Community Involvement \* [https://www.cdc.gov/healthyschools/wscc/index.htm](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.cdc.gov_healthyschools_wscc_index.htm&d=DwMFAg&c=jvUANN7rYqzaQJvTqI-69lgi41yDEZ3CXTgIEaHlx7c&r=2jicASGc3O1ECxzjl9enBDuGI9KcPgpnTxDQzc_Km-Y&m=HkAfjxydfPehctAfTnlvMeI6gASQsp9_gkkClBmWg4E&s=UIAELCA9QAxWR0bUgndfsyk2hRSSKQD69Z6a0opLEgI&e=)

**Required element(s) for this component:** Health prevention activities and services to help remove physical/emotional health barriers to learning. |
| **Suggested practices:**  | * Participate in a school-wide health committee
* Collaborate to provide physical activity opportunities for families, students and school community
* Identify resources and refer for medical, dental and vision services
* Collaborate to provide nutritional information for families and the school community
* Identify resources and refer for mental health counseling and psychological services
* Collaborate to provide social services
* Collaborate to provide preventive health education (i.e. substance abuse, hygiene,

 cardiovascular health, etc. |
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| **Career Exploration and Development****Goal of Component**To promote college and/or career readiness for all students by preparing them for future employment and successful transition into adult life through collaboration with school and community resources **Required Element(s) of this component:** Help students learn about possible future careers and college opportunities. |
| **Suggested practices:** | * Provide or collaborate to provide activities to prepare students for future employment
* Provide or collaborate to provide activities for career exploration opportunities
* Provide opportunities that encourage students to obtain Post-secondary education, whether it is a university, vocational/technical college or skill training
* Provide support to encourage students to graduate on time
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| **Summer and part-time job development for high school students****Goal of Component**To introduce students to the world of work through education, job-related skills, and work experience by collaborating with community resources. Twenty-first century skills such as critical-thinking, problem-solving, goal-setting, leadership and decision-making will be emphasized. **Required Element(s) of this component:** * Services/activities that help students access employment opportunities after-school and/or summer
* Activities that assist students in getting ‘job-ready’
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| **Suggested practices:** | * Provide employment opportunities for students
* Introduce youth to real work environments
* Collaborate to provide or provide activities that enhance employability skills and real world experiences
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| **Substance Abuse Education and Counseling****Goal of Component**To assist in the prevention of the use of alcohol, tobacco and other drugs (ATOD) and improve decision-making skills by education students and families; and the reduction of ATOD use through coordination of counseling services and education. **Required Element(s) of this component:** * Alcohol, tobacco and drug prevention activities
* Services/activities that help give students and families access to alcohol, tobacco and other drug treatment
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| **Suggested practices:**  | * Identify resources and make referrals for counseling services
* Provide or collaborate to provide activities to increase student awareness of the effects of substance abuse
* Provide or identify resources for education and treatment of substance abuse
* Provide or collaborate to provide activities that empower youth to make healthy choices and decisions
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| **Family Crisis and Mental Health Counseling****Goal of Component**To increase self-management and coping strategies by assisting students and families with mental health needs and/or other crises through the identification and coordination of services (i.e. for grief, illness, bullying, incarceration, dating/domestic violence, loss of income child abuse, etc.). **Required Element(s) of this component:** * Activities that help families access basic needs or other assistance when they have physical, emotional or financial crises
* Provide prevention activities to and assist students and families with social/emotional, behavioral and/or mental health concerns.
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| **Suggested practices:**  | * Collaborate or refer to provide opportunities that assist students in building self-esteem, healthy relationships and individual coping skills
* Identify resources or refer for mental health services for students and families
* Provide, collaborate to provide or refer to meet immediate needs of families in crisis situations
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