

number of MMSC cases.

Data from Kentucky Department for Public Health as of December 31, 2021

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2016

Overall -

2017

Black/African American

\* Denominator is population of males in Kentucky by race and ethnicity.

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4.7

2020

Hispanic

5.6

2018

5

2019

White

## Kentucky: HIV and Male to Male Sexual Contact

## **HIV Prevention**

Male to Male Sexual Contact (MMSC) are at higher risk for HIV infection. In Kentucky, since the start of the HIV epidemic, 55 out of every 100 cases diagnosed among adult/adolescents were among MMSC.

MMSC have higher rates of **sexually transmitted infections (STI)**. Having an STI can increase a person's chances of getting or transmitting HIV.

HIV transmission occurs

through receptive anal

much more readily

sex, compared with

penile-vaginal sex.

Pre-exposure prophylaxis (PrEP) is medicine taken to

prevent getting HIV.

**Stigma** can make it difficult for MMSC to be open about risktaking behaviors. This causes them to miss important HIV testing, treatment and care.





**Reducing stigma** means that more people could **actively reduce their chances of being infected with HIV** through increased HIV education, testing, condom use and PrEP uptake.



The only way to **know your HIV status** is by **getting tested**. Knowing your HIV status helps you make decisions to prevent getting or transmitting HIV.

https://www.cdc.gov/std/treatment-guidelines/msm.htm#:~:text=MSM%20are%20disproportionately%20at%20risk,one%20in%20253%20(191). https://www.cdc.gov/hiv/basics/hiv-transmission/ways-people-get-hiv.html#:~:text=Anal%20sex%20is%20the%20riskiest,the%20body%20during%20anal%20sex. https://www.hiv.gov/hiv-basics/hiv-testing/learn-about-hiv-testing/who-should-get-tested Release Date: July 20, 2022



