

MPOX

WHAT YOU NEED TO KNOW

WHAT IS MPOX? Mpox is a disease that can make you sick, including a rash, which may look like pimples or blisters, often with an earlier flu-like illness. Mpox can spread to anyone through close, personal, often skin-to-skin contact.



Photo Credit: NHS England High Consequence Infectious Diseases Network

SIGNS AND SYMPTOMS

KEY SYMPTOM



RASH, BUMPS OR BLISTERS

These may appear anywhere on the body, including the genitals. This may look similar to herpes or other common skin rashes.

OTHER SYMPTOMS



FEVER & HEADACHES



MUSCLE ACHES



SWOLLEN LYMPH NODES

Symptoms start 5-21 days after exposure



To find MPOX vaccine near you scan the QR code or visit:

<https://npin.cdc.gov/publication/find-mpox-vaccine-near-you>

HOW CAN YOU GET MPOX?

Close physical contact with a person with symptoms like skin-to-skin, face-to-face, kissing and sex or touching bedding, clothing, towels or other objects that touched the infected person's skin or body fluids.

HOW CAN YOU PROTECT YOURSELF FROM MPOX?

- Avoid physical and intimate contact with anyone who has symptoms, talk openly with partners about symptoms prior to intimate contact and clean hands, objects surfaces and bedding if you encounter someone with symptoms.
- Get the MPOX vaccine.

IF YOU HAVE SYMPTOMS ISOLATE FROM OTHERS AND CONTACT A HEALTHCARE PROVIDER RIGHT AWAY.

