Type of Milk Issuance Reference Table*

	Type of Wilk Issualice Reference Table								
Status/Age	Standard Milk Type	To Issue Whole Milk with Standard Food Package	To Issue Whole Milk with Food Package III	To Issue 2% Milk with Standard Food Package	To Issue 2% Milk With Food Package III	To Issue 1% or Skim Milk with Standard Food Package	To Issue 1% or Skim milk with Food Package III		
Child 12-23 months of age	Whole Milk	Whole Milk is standard	Whole Milk is standard	Certifying Health Professional assesses and documents the following risk codes are present: High Weight for Length OR At risk for overweight OR Medical Necessity Form from Prescriptive Authority	Medical Necessity Form from Prescriptive Authority	Medical Necessity Form from Prescriptive Authority	Medical Necessity Form from Prescriptive Authority		
				Provide nutrition education counseling per Nutrition Assessment for Milk Protocol	Provide nutrition education counseling per Nutrition Assessment for Milk Protocol	Provide nutrition education counseling per Nutrition Assessment for Milk Protocol	Provide nutrition education counseling per Nutrition Assessment for Milk Protocol		
Child Age 2 & older and All Women	Low-fat (1%) or Skim/Nonfat	Not Authorized even with medical documentation from prescriptive authority per Federal Regulations	Medical Necessity Form from Prescriptive Authority	Certifying Health Professional assesses and documents the following conditions are present: Underweight, Maternal weight loss during pregnancy, OR Weight loss OR Medical Necessity Form from Prescriptive Authority	Medical Necessity Form from Prescriptive Authority	Low-fat (1%) or Skim/Nonfat Milk is standard issuance	Low-fat (1%) or Skim/Nonfat Milk is standard issuance		
				Provide nutrition education counseling per Nutrition Assessment for Milk Protocol	Provide nutrition education counseling per Nutrition Assessment for Milk Protocol				

^{*}Based on Nutrition Assessment for Milk Issuance Protocols in Clinical Nutrition Section of WIC and Nutrition Manual

Milk Substitutes for Children and Women*

Issuance of Milk Substitutes requires assessment by certifying health professional and documentation of reason in medical record.

Type of Milk Substitute	Lactose Free or Lactose Reduced Milk	Soy Milk Beverage	Tofu
Requirements for Issuance	 May be issued when lactose intolerance is suspected or diagnosed. Lactose intolerance may be self-reported. Does not require a Medical Necessity Form. Children age 1 to 2 -Whole lactose free milk is issued. Lactose free and lactose reduced milk is packaged in half gallon containers. Children age 2 and older and women-Low-fat lactose free milk (1% or less) is issued. Lactose free and lactose reduced milk is packaged in ½ gallon containers. 	 May be issued based on assessment of need by Certifying Health Professional Does not require a Medical Necessity Form. Soy milk may be issued up to the maximum allowance for milk when the following conditions apply: Lactose intolerance is suspected or diagnosed that cannot be managed with lactose-free or lactose-reduced fortified dairy products. Milk protein allergy Vegan diet Religious/Cultural preference 	 May be issued based on assessment of need by Certifying Health Professional Does not require a Medical Necessity Form. Contact the state office if a food package is needed with more than 4 pounds of Tofu.

^{*}Based on Milk Substitution Nutrition Assessment and Issuance Protocols in Clinical Nutrition Section of WIC and Nutrition Manual.