

EBOLA FACTS

WHAT YOU SHOULD KNOW ABOUT EBOLA

Ebola is a virus that may cause **internal and external bleeding**.

Ebola typically causes **severe illness** which can lead to death.

Although Kentuckians have a low risk of exposure to Ebola, it's important to be aware of this **potentially deadly disease**.

HOW EBOLA IS SPREAD

Ebola spreads through direct **contact with body fluids** (including blood, vomit, urine, saliva, sweat, semen, feces and other fluids) of a person who is sick with or has died from Ebola.

Ebola can also be spread through contact with semen from a man who has **recovered from Ebola**.

Ebola can spread through objects contaminated with the virus, like **needles**.

Ebola is **NOT spread through casual contact** or through the air, water or food grown or legally purchased in the U.S.

EBOLA SYMPTOMS

Ebola symptoms usually appear **2 to 21 days** after exposure.

Symptoms include **fever, severe headache, diarrhea, vomiting, unexplained bleeding/bruising, and stomach or muscle pain**.

If you or someone you know is experiencing these symptoms, isolate yourself from others and **contact a medical professional** immediately.



**KENTUCKY CABINET FOR
HEALTH AND FAMILY SERVICES**