# PREVENT PREPARE



# When We Need You

## Kentucky needs volunteers that are trained and organized.

For information about volunteer service opportunities in your community, visit the Web site of the Kentucky Commission on Community Volunteerism and Service at http://chfs.ky.gov/dhss/kccvs.

## For other volunteer opportunities and information visit:

- Citizen Corps Councils http://www.citizencorps.gov
- Medical Reserve Corps http://www.medicalreservecorps.gov
- Volunteers In Police Service http://www.policevolunteers.org
- The National Voluntary Agencies Active in Disaster (http://www.nvoad.org)
- Technical Assistance (VITA) (http://www.enterpriseworks.org

## What You Can Do To Prevent, Prepare and Cope

- Have a family emergency plan
- Create an emergency communication plan in case family members are separated
- Know evacuation/escape routes in your community
- Create a disaster supply kit (three-day supply of food & water, clothing, blankets, first aid kit/prescription medicines, battery-powered radio and flashlight & batteries, candles/ matches, extra set of car keys and eyeglasses, cash or traveler's checks)
- Write down health information on all family members
- Plan for pets or service animals (they may not be permitted in public shelters)
- · Identify neighbors who may need your help



## When You Need Us

Emergency/ Hotline phone numbers

Poison Control Hotline 800-222-1222

Disease Reporting Hotline 888-973-7678

Emergency and DUI Hotline 800-222-5555

Kentucky Traffic and Travel Information In-state Toll Free Dial 511 or Outside KY 866-737-3767

KSP Missing Persons Hotline 800-543-7723

Kentucky Department for Public Health 502-564-3970

Cabinet for Health and Family Services Office of Communications 502-564-6786

Division of Emergency Management 800-255-2587 or 502-564-7815

Local Public Health Department

Local American Red Cross

Local Police Department/Sheriff

Doctor

Local Fire Department

Hospital

# **Disaster Information Web sites:**

Commonwealth News Center http://kentucky.gov/Newsroom Kentucky Division of Emergency Management http://kyem.dma.ky.gov Kentucky Department for Public Health Preparedness Branch http://chfs.ky.gov/dph/epi/preparedness Kentucky Office of Homeland Security http://homelandsecurity.ky.gov Kentucky Community Crisis Response Board http://kccrb.ky.gov Weather and Road Information http://www.511.ky.gov Kentucky State Police http://www.kentuckystatepolice.org/contact.htm Federal Emergency Management Agency http://www.fema.gov Citizen Corps http://citizencorps.gov Department of Homeland Security http://www.ready.gov National Weather Service http://www.nws.noaa.gov Centers for Disease Control and Prevention http://www.bt.cdc.gov

	Others:	
Cell/mobile:	Child 4 School:	
Home phone:	Child 3 School:	
Name of local contact:	Child 2 School:	
·	Child 1 school:	
Outside your neighborhood (in case you cannot return home):	Father Work:	Cell:
	Mother Work:	Cell:
	Immediate Family	
Emergency meeting place Right outside your home (in case of fire):	:elidom\lleC	
osela pattoom voromora	Home: Home:	

#### Name of out-of-town contact:

Symptoms

### Disaster Plan Information

**Treatment** 

## **Bioterrorism**

Today, public health hazards include the possibility for bioterrorism. The U.S. Centers for Disease Control and Prevention (CDC) has identified biological agents that pose the greatest threats. Exposure to any of these agents requires immediate medical attention.

Poison Control Hotline: 800-222-1222

SIGN LANGUAGE INTERPRETATION SERVICES
Kentucky Commission on the Deaf
and Hard of Hearing
V/T 502-573-2604
V/T 800-372-2907
http://kcdhh.ky.gov

Disease

fevers

Association of the Deaf http://www.kydeaf.org

Kentucky Registry of Interpreters for the Deaf http://www.kyrid.org

School for the Deaf 859-239-7017 http://www.ksd.k12.ky.us

http://www.katsnet.org

Height

TEXT TELEPHONE/TELECOMMUNICATION DEVICE FOR THE DEAF: Kentucky Assistive Technology Service (KATS) Network Charles McDowell Rehabilitation Center 502-429-4484 TDD: 800-327-5287

Anthrax Inhaled- severe breathing problems; Skin- sores with black Antibiotics centers; Ingested- nausea, abdominal pain, diarrhea, vomiting. Smallpox High fever, rash that spreads from face, arms and legs to No treatment, but vaccine the trunk of the body. provides good protection even after exposure; isolation Antibiotics must be given within 24 Plague Fever, headache, coughing up blood and pneumonia. hours of onset of symptoms Antibiotics Tularemia, or rabbit Similar to cold or influenza - sudden fever, diarrhea, fever or deer fly fever headache, body aches, dry cough and weakness. Botulinum toxin Increasing muscle paralysis, dry mouth, blurred vision. Antitoxin can reduce the severity of the disease, but cannot reverse the paralysis High fever, dizziness, muscle aches, exhaustion, bleeding Vaccines for some VHFs, but no Viral hemorrhagic in internal organs, under the skin and from eyes, ears, treatment for others, only supportive nose and other orifices. therapy

> PUBLIC TDD/TTY TELEPHONE LOCATIONS: Northern Kentucky University/Campus Library Remke's Market/Ft. Mitchell, Ky. Riverside Market/Dayton, Ky.

SERVICES FOR RURAL RESIDENTS Kentucky State University Cooperative Extension Program 502-597-6310

SERVICES FOR THE BLIND Kentucky Department for the Blind 800-222-1215 http://www.blind.ky.gov

> Kentucky Assistive Technology Service (KATS) Network Charles McDowell Rehabilitation Center 502-429-4484 TDD: 800-327-5287 http://www.katsnet.org

#### Kentucky School for the Blind 502-897-1583 Fax: 502-897-2994

#### INTERPRETATION SERVICES IN **OTHER LANGUAGES**

Louisville Metro Office for International Affairs 502-574-1432

Weight

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Blood type			
	Closest Hospital:		
	Family physician:	Family dentist:	
	Office Phone On Call Phone		

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Date of Birth

Medications/allergies: (name, dosage and frequency)