Keeping Your Smile at Any Age



- Prevent gum disease by removing plaque.
- Thoroughly brush and floss your teeth each day.
- Carefully check your mouth for early signs of disease such as red, swollen, or bleeding gums.
- See your dentist regularly every 6-12 months - or at once if early signs of disease are present.

Kentucky Oral Health Program



Targeting Kentucky's Oral Health

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